

HUNGER RESOURCES IN CHAPEL HILL & CARRBORO

Food for the Summer

- **Mission:** Local organizations work together to ensure that the Chapel Hill-Carrboro Food for the Summer Community Site Program reaches as many hungry children as possible.
- **What:** Lunch for children in Carrboro and Chapel Hill during the summer months when school is out.
- **Where:** Locations around Chapel Hill and Carrboro - details about locations can be found on the [website](#) beginning in the spring of each year.
- **When:** Meal sites are open Monday-Friday, 12 pm to 1pm, during summer months.
- **How to Access:** Go to one of the scheduled meal site locations at the appropriate time.
- **Website:** <https://www.foodforthesummer.org/>

Food Stamps (FNS or SNAP)

- **What:** Federal food assistance program that helps low-income families by providing monthly allotments through EBT Cards. Eligibility is determined by citizenship, household size, and income levels. For more information visit - [USDA SNAP](#).
- **Where:** Individuals can apply through the Orange County Department of Social Services - 2501 Homestead Road, Chapel Hill, NC 27516; (919) 968-2000
- **When:** Monday-Friday from 8am-5pm
- **How to Access:** Apply through the Orange County Department of Social Services. You may go to their physical location, call, or apply [online](#).
- **Website:**
http://www.orangecountync.gov/departments/social_services/food_and_nutrition_services.php

Heavenly Groceries

- **Mission:** Heavenly Groceries/Comida Celestial is a certified food bank and ministry of St. Joseph CME Church, dedicated to providing quality produce and grocery items to the under-served communities in and surrounding Chapel Hill, North Carolina.

- **What:** Provides free food items - bring 3-4 plastic or reusable bags to carry home food
- **Where:** 510 West Rosemary Street, Chapel Hill; 919-929-1116
- **When:** Monday through Friday 4pm-5pm. Sign up begins at 3:30pm
- **How to Access:** Sign up at 510 W. Rosemary Street starting at 3:30 any weekday.
- **Website:**
<https://jacksoncenter.info/our-work/organizing-advocacy/our-services/heavenly-groceries/>

Inter-Faith Council

- **Mission:** To confront the causes and respond to the effects of poverty in our community.
- **What and When:**
 - *Community Kitchen*
 - Hot meals at no charge - 100 West Rosemary Street, Chapel Hill
 - Meal Times:
 - *Monday-Friday:* Lunch 11:15am-12:30pm, Dinner 6:15pm-7:00pm
 - *Saturday:* Lunch 11:15am-12:30pm
 - *Sunday:* Lunch 12:15pm-1:30pm
 - *Crisis Intervention Program* -
 - Provides food, clothing, rent, utility assistance, help obtaining IDs, transportation, information and referrals, and some members eligible for monthly groceries.
 - Call 919-929-6380 x19 Tuesdays beginning at 9 AM.
 - *Food Pantry* -
 - The Food Pantry provides around 1,300 bags of groceries to those in need every month.
 - Weekdays – 9am to 5 pm; Tuesdays and Wednesdays – often open until 7pm
- **Where:** 110 W. Main Street Carrboro, NC 27510; 919-929-6380
- **How to Access:** Come during meal times to get a hot meal, or contact IFC for the Crisis Intervention Program or Food Pantry access.
- **Website:** <http://www.ifcweb.org>

PORCH

- **Mission:** PORCH is an all-volunteer, grassroots hunger relief organization whose mission is to collect and distribute food for families going hungry in the Chapel Hill and Carrboro community.
- **What:** *Food for Families* – Provides healthy, fresh food to families identified by school social workers as being especially at risk of hunger. Three bags of fresh food, along with one bag of non-perishables, are provided monthly.
- **Where:** Pick up locations around Chapel Hill-Carrboro
- **How to Access:** Speak with a social worker at your school.
- **Website:** <https://chapelhill.porchcommunities.org/>

WIC

- **What:** Vouchers for free, healthy food, nutritional guidance, breastfeeding support, and information on helpful community services to pregnant women, breast feeding mothers, women who have recently had a baby, and children up to 5 years. Eligibility based on income level and nutritional risk assessments.
- **Where:**
 - Orange County Health Department - 2501 Homestead Rd. Chapel Hill, NC 27516; (919) 245 2422
 - Carrboro Community Health Center - 301 Lloyd St, Carrboro NC 27510; (919)942-8741
- **How to Access:** Call the Orange County Health Department at
 - (919) 245-2422 or (919) 245-2447. You may also call 1-800-FOR-BABY.
- **Website:**
 - Local - <http://www.orangecountync.gov/departments/health/wic.php>
 - Federal WIC guidelines and eligibility - <https://www.fns.usda.gov/wic/wic-eligibility-requirements>