TABLE
feeding local kids

Created August 2026

Leave a Legacy of Healthy Futures

A planned gift is a meaningful way to ensure local children continue to have access to healthy food and nutrition education for years to come. By including TABLE in your will, trust, retirement account, or other estate plans, you can make a lasting investment in the health and well-being of future generations - often at no cost to you today.

- **Bequest** - You can make a bequest to charity by including language in your will or living trust, leaving a portion of your estate to TABLE.
- **Beneficiary Designation(s)** - You can name TABLE as a beneficiary of your investment accounts, life insurance policy, Donor Advised Fund (DAF), and retirement assets including IRAs and other pension plans. Beneficiary designation forms, available from the institutions where you have your accounts, work to pass those assets directly to the beneficiaries you name.

Planned giving is not just for those with large estates. Gifts of any size can make a meaningful difference, and many planned giving options may also offer financial or tax benefits for you and your loved ones.

If you're considering a legacy gift, we encourage you to **consult with your attorney, financial advisor, or tax professional to determine the option that's right for you.** We'd also be happy to answer questions about including TABLE in your plans and discuss the many ways your legacy can help nourish local children for generations to come.

For reference, TABLE's tax ID number is 26-1471735.

Contact Katisha Paige, Director of Development at kpaige@tablenc.org or 919-636-4860.