

Chapel Hill-Carrboro Resource Guide

Food

PORCH

A monthly food pick up for families with children in the Chapel Hill and Carrboro City Schools

Pick up locations around Chapel Hill-Carrboro

Speak with a social worker at your child's school to sign up

<https://chapelhill.porchcommunities.org/>

IFC Community Kitchen

984-999-5260

110 W Main St., Carrboro, NC, 27510

Mon-Fri/Lunch 11:15 am -12:30 pm/Dinner 5:15 - 6:00 pm

Sat-Sun/Lunch 11:15 am - 12:00 pm

<https://www.ifcweb.org/services/community-kitchen>

IFC: Community Market (Food Pantry)

919-929-6380 (call to make an appointment)

110 W. Main St., Carrboro, NC 27510

Mon - Fri/9:00 am - 5:00 pm Tues/Wed open till 7 pm

<https://www.ifcweb.org/services/food-pantry>

Food Pick-Ups at Public Housing

Fresh fruits and vegetables for Orange County residents available at Chapel Hill locations

1st Wednesday Bright Sun Place, corner of MLK & State Side, 10:00 am

2nd Wednesday South Estes Drive, The Community Center, 10:00 am

3rd Wednesday Colony Woods, Corner of Jackie Robinson & Legion Rd, 10:00 am

4th Wednesday Craig-Gomains, Corner of Craig St. & Sykes, 1:00 pm

Heavenly Groceries

919-960-1670

510 W Rosemary St, Chapel Hill NC 27516

Tuesday and Thursday 3:00-4:30 pm

Fresh produce, frozen meats, and non-perishables are available. Pick out what you need, no registration is required. Bring your own box/bag. In the fellowship hall of St. Joseph CME Church.

Food Stamps (FNS or SNAP)

919-245-2800, 919-968-2000

2501 Homestead Rd, Chapel Hill NC 27516

Mon-Fri 8:00am-5:00pm

Amity United Methodist Church-Food for all (food pantry)

919-967-7546

825 N Estes Dr. Chapel Hill NC 27514

2nd and 4th Thursday 10:00 am-12:00 pm Contact Pastor Donnie or Rachel Kohr

<https://amityumc.org/ministeries/>

Hillside Church Food Pantry

919-967-3056

201 Culbreth Rd. Chapel Hill, NC 27516

1st and 3rd Saturday 11:00 am-12:00 pm

Senior Center Lunch Program (dine-in/pick up hot meals)

Call 919-245-4256. Registration is required. 60+ eat for free.

M-F at 12 pm, Tickets are distributed at 11 am. Check-in at the front desk.

Seymour Center

2551 Homestead Road, Chapel Hill, NC 27516

Passmore Center

103 Meadowlands Dr. Hillsborough, NC 27278

<https://www.orangecountync.gov/236/Senior-Center-Programs#lunch>

RENA Community Center

919-918-2822

101 Edgar St, Chapel Hill, NC 27516

Every 3rd Saturday packed canned goods and produce are given out on a first come first serve basis.

Call to notify them of your needs.

<https://www.renacomcommunitycenter.com/esl>

WIC

Vouchers for free, healthy food, nutritional guidance, breastfeeding support, and information on helpful community services to pregnant women, breastfeeding mothers, women who have recently had a baby, and children up to 5 years. Eligibility based on income level and nutritional risk assessments. Call to speak to a representative.

Orange County Health Department - 2501 Homestead Rd. Chapel Hill, NC 27516; (919) 245 2422

Carrboro Community Health Center - 301 Lloyd St, Carrboro NC 27510; (919)942-8741

<http://www.orangecountync.gov/departments/health/wic.php>

Furniture

The Furniture Project

919-612-2759

940 Carmichael St., Chapel Hill, NC 27514

furnitureprojectoc@gmail.com

For emergency limited furniture.

Sleep In Heavenly Peace

Provides beds for children 3-17. Apply online.

<https://shpbeds.org/apply/>

Health

Immigrant and Family Health (I.F. Health)

Chapel Hill, NC 27514

<https://ifhealth.org/> info.ifhealth@gmail.com

Aims to help immigrant families gain access to affordable medical care.

Orange County Health Department

2501 Homestead Rd., Chapel Hill, NC 27516

(919) 245-2400

<http://www.orangecountync.gov/>

Provides /Health-Department Health, dental, and mental health services.

Pregnancy Support Services

(919) 490-0203

1777 Fordham Blvd. #203, Chapel Hill, NC

<https://pregnancysupportservices.org/>

info@pregnancysupportservices.org

Offers counseling, therapy, ultrasounds, and tests during the first trimester in addition to pregnancy support services and education.

La Leche League Leaders

offer peer-to-peer lactation support groups and phone/text support at any time.

All meetings and Leader support are free and open to anyone.

La Leche League of Chapel Hill (<https://llofchapelhill.org>)

Piedmont Health Services WIC

provides breastfeeding support for qualifying families with children under 5, including breast pumps, classes, and support groups to new parents.

Orange County Carrboro: 919-913-1698

<https://piedmonthealth.org/wic/>

UNC Breastfeeding Support Warmline

offers breastfeeding support with a lactation consultant. Call 984-974-8078 or toll-free 866-428-5608.

Leave a message, and your call will be returned as soon as possible.

Clothing

Inter-Faith Council (IFC) for Social Service

110 W. Main St., Carrboro, NC, 27510

(919) 929-6380

www.ifcweb.org

info@ifcmailbox.org

Provides financial assistance, IDs, groceries, clothing vouchers, drop-in access to computers, phones, and community resource support.

St. Thomas More - Caring & Sharing Center

940 Carmichael St, Chapel Hill, NC, 27514

(919) 942-6263 Hours: Mon-Fri:11-1:30 pm, Sat: 10-12, Sun: 3-4

<https://stmchapelhill.org>

mariepaulaclarke@yahoo.com

Provides gently used clothing and household goods in good condition for the needy in our community and surrounding counties.

Amity United Methodist Church-Wear for All (Clothes Closet)

9199677546

825 N Estes Dr. Chapel Hill NC 27514

Mon-Thurs 10:00am-12:00pm

Crisis Intervention Program -

Provides food, clothing, rent, utility assistance, help obtaining IDs, transportation, information and referrals, and some members eligible for monthly groceries.

Call 919-929-6380 x19 Tuesdays beginning at 9 AM.

Emergency & Crisis

Compass Center for Women & Families

Services for victims of domestic abuse. Provides financial and career advising in addition to legal services.

210 Henderson St., Chapel Hill, NC 27514

919-968-4610; 24 hr hotline 919-929-7122

<https://compassctr.org/>

Financial Assistance for Military Families

The American Red Cross works in partnership with military aid societies to provide quality, reliable financial assistance to eligible applicants 24/7/365 in times of hardship. Assistance can include funds for emergency travel, burial of a loved one, emergency food and shelter, etc.

877-272-7337 Open 24 hours

<https://www.redcross.org/get-help/military-families/financial-assistance.html>

Housing

Emergency & Transitional

IFC Homestart

110 W. Main Street, Carrboro, NC 27510

(919) 932-6025

<http://www.ifcweb.org/services/homestart>

info@ifcmailbox.org

Emergency shelter and transitional housing for women & children.

UNC Horizons

127 Kingston Drive, Chapel Hill, NC 27514

(919) 966-9803

<https://www.uncmedicalcenter.org/uncmc/hospitals-locations/profile/unc-horizons/>

Outpatient and residential substance abuse treatment for pregnant women, mothers, and their kids.

Chapel Hill Housing Authority

317 Caldwell Street Extension, Chapel Hill, NC 27516

(919) 968-2850

<https://www.townofchapelhill.org/town-hall/departments-services/housing-and-community/public-housing>

housing@townofchapelhill.org

Provides decent, safe and affordable rental housing to Chapel Hill public housing families.

EmPOWERment, Inc.

109 N Graham St, Chapel Hill, NC 27516

(919) 967-8779

<http://www.empowermentinc.org/>

Manages rental housing at prices more affordable than the market rate in Chapel Hill and Carrboro.

Provides housing counseling for homeowners and renters, outreach and resources in conjunction with other community organizations, and some financial assistance (overdue utilities/rental costs).

Training, Education & Employment

El Centro Hispano

201 W. Weaver St, Carrboro, NC ZIP CODE?

919-945-0132

<https://www.elcentronc.org/content/contact-us>

info@elcentronc.org

Provides education, health, employment, support services, and ESL resources for Spanish speakers.

Community Empowerment Fund

208 N. Columbia St., Ste. 100, Chapel Hill, NC

919-200-0233

info@communityempowermentfund.org

Savings opportunities, bank accounts, one-on-one employment assistance, and financial education.

Orange County JobLink Career Center

51206B W. Chapel Hill St., Durham, NC

503 W. Franklin St., Chapel Hill, NC

919-969-3032

swilliams@orangecountync.gov

Provides GED services, education and training, job assistance, resume building, employment, career and business services, and computer access.

Orange County Literacy Council

307 W. Weaver St., Carrboro, NC

919-914-6153

<http://orangeliteracy.org/>

Provides free, individualized literacy instruction to adults who would like to improve their reading, writing, basic math or English language skills. Provides classes and tutoring for students (youth and adult) to earn their GED.

Mon: 9am-8pm, Tues: 9am-8pm, Thurs: 9am-8pm, Fri: 9am-5pm

Additional Resources

Family Success Alliance

300 W Tryon St., Hillsborough, NC 27278

919-245-2071

<http://www.family-success-alliance.com>

info@familysuccessalliance.org

FSA works to ensure families have the skills and tools needed for their children to feel successful and be successful. These models improve children's chances for educational and economic opportunities by serving a defined geographic area (a zone) and its children with a seamless "pipeline" of evidence-based programs, services, and supports from cradle to college and career.

The Refugee Support Center

(919) 423 - 1478

401 Highway 54 Bypass, E-15 Carrboro, NC 27510

Provides refugees with services to help them access resources and develop their skills to promote self-sufficiency. Getting help from the Center is easy. Appointments are recommended. Refugees can walk in during office hours and will be seen as time allows. After-school program for Syrian refugee students on-site, Citizenship and English Classes, Distribution of essential goods (food, clothing, diapers, school supplies), Tutoring of adults and school-age refugees in their homes, Translation/Interpretation. Direct and as-needed services include: Housing, Employment, Transportation, Health care/social service access, Financial literacy, Driver Education, Pro bono legal counseling, Enrichment activities for children, Immigration legal assistance, Navigation of education, health care, safety net, and financial systems, Revolving loan fund

Safe Haven Pet Food Pantry

919-872-7233

8411-113A Garvey Drive Raleigh NC 27616

<https://www.safehavenforcats.org/programs-and-services/pet-food-pantry/>

Beautiful Together Animal Sanctuary

919-502-0070

info@beautifultogether.org

<https://beautifultogethersanctuary.com/>

Wig Exchange Program

Provides new or gently used wigs to women experiencing hair loss due to medical conditions such as cancer or alopecia. Apply online. <https://www.ebeauty.com/request-a-wig/>