

HUNGER STATISTICS

Source: Chapel Hill-Carrboro School System, 2017

In the Chapel Hill-Carrboro School System, the following percentages reflect the amount of children that are enrolled in the National School Lunch Program:

- 32.1% of preschool and elementary school children
- 25.93% of middle school students

That's more than 2,653 hungry kids.

Source: Feeding America, 2017

- In Orange County alone, there are 5,880 food-insecure children
- In Orange County, the child food insecurity rate is 20.9%
- 45% of food-insecure children are likely ineligible for federal nutrition programs
- There are 595,240 food-insecure children in NC
- North Carolina would need an additional \$870,957,000 to meet childrens' food needs

Source: DOSomething.org, 2017

- Over 20 million children receive free or reduced-price lunch each school day. Less than half of them get breakfast, and only 10% of them have access to summer meal sites
- North Carolina is one of eight states that have statistically higher food insecurity rates than the US national average
- 1 in 7 people in the US are enrolled in the Supplemental Nutrition Assistance Program (SNAP). Nearly half of those are children.

Source: Worldhunger.org, 2015

- Children were food insecure at times during the year in 9.9 percent of households with children. These 3.8 million households were unable at times during the year to provide adequate, nutritious food for their children.

Source: Share Our Strength, 2014

- 3 out of 4 teachers say they have children in their classrooms who regularly come to school hungry.
- 4 out of 5 (80%) of those teachers say these children come to school hungry at least once a week.
- Three prevalent consequences of hunger in schools are: inability to concentrate, poor academic performance, and headaches and stomach aches.
- There is a 17.5% average increase in standardized math scores seen by students who regularly start the day with a healthy breakfast.
- Food insecurity is linked to increased hospitalizations, developmental problems, headaches, stomachaches and even colds.
- 16.2 million children live in households that lack the means to get enough nutritious food on a regular basis.
- In 33% of hungry families in NC, at least one adult is employed.

Source: The Food Effect, 2014

- Even during our hunger crisis, America's obesity epidemic is reaching epic proportions. A contradiction? Not at all. Most people who are overweight are actually undernourished, with a diet that's high in calories but low in nutrients — a diet that is frequently the least expensive to maintain.
- NC ranks 5 among 50 states for childhood obesity.
- 35% of hungry families have had to choose between paying for food and paying for their rent/mortgage.
- 42% of hungry families have had to choose between buying food and paying for heat.
- Of people in NC receiving emergency food aid, 30% are under 18.
- 80% of NC households with children receiving food assistance don't know where their next meal is coming from.
- 24% of children under 5 years old in NC go hungry.

Source: USA Today, 4/7/14

- 49 million Americans are food insecure- meaning they go hungry, eat less, or eat less nutritious meals because they can't afford to eat better.
- Almost 1/3 of those 49 million are children.

- In the US, 15.2% of households are food insecure at some point during the year. In North Carolina, it's 18.6% of households.
- In 324 counties, mostly in the south, one in five residents is food insecure

Source: World Food Programme, 2014

- 842 million people in the world do not have enough to eat.

Source: U.S. Department of Health and Human Services, 2014

- A family of four must make below \$24,850 per year to be considered in poverty, according to the official US poverty guidelines.

Source: Bread for the World, 2010

- Most Americans (51.4%) will live in poverty at some point before age 65.
- Nationally, more than 44% of children live in low-income working families (families who earn less than twice the poverty line).
- Half of all American children will receive SNAP benefits at some point before age 20; 90% of African-American children will enroll in SNAP before age 20.
- 1 in 7 people are enrolled in SNAP. Nearly half of them are children.